

Peer Mentors for Rutgers' College Support Program (CSP) ***Supporting Students on the Autism Spectrum***

There are many challenges that new and returning students face. Often, social and peer-related forms of support can serve as a buffer against the normal stressors students may experience. Therefore, Rutgers operates a Peer Mentor program supporting students on the Autism Spectrum who are currently enrolled university undergraduates.

The CSP areas of focus are to:

- Ease the student's transition to college life
- Assist students in becoming more independent, confident individuals
- Facilitate the development of a social support system, communication skills and independent living skills
- Decrease isolation/separation in a university environment
- Provide useful and immediate feedback leading to improvements in personal relationships

Peer Mentors will be trained and will engage with CSP students, staff and other Peer Mentors regularly.

A Peer Mentor is expected to:

- Meet weekly with students and stay in touch via phone and email
- Attend a mandatory weekly training meeting
- Provide support
- Be a good role model - socially and academically
- Be patient and consistent
- Praise students' effort and good performance
- Assist with academic development (when appropriate)
- Share critical knowledge/personal experiences (when appropriate)
- Assist with contacting campus clubs/programs, facilities, services (when appropriate)
- Maintain weekly logs recording all CSP activities and hours spent with mentee(s)
- Maintain regular contact with the Coordinator of the College Support Program
- Help plan, attend and lead CSP social events
- (Optional) Assist with introductory sessions for new or prospective students and families
- (Optional) Assist with presentations about the College Support Program
- Set and adhere to appropriate mentor-mentee(s) boundaries

Please return this completed form via email or hard copy to the address listed in our letterhead, or, call if you are interested in or have questions about being a Peer Mentor. Thank you!

Yes! I am interested in being a Peer Mentor for Fall 2019. At that time, I will be a:

(Circle one): Sophomore Junior Senior Anticipated Grad. Year: _____

Name: _____

DOB: _____

Email: _____
(year-round)

RUID: _____

Cell Phone#: _____

Major: _____

Minor: _____

Which campus, including hall or street, do you live on? Or, if you are a commuter, please include your address:

How did you hear re: the CSP Peer Mentor Program? _____