

Resources

The Trevor Project

<http://www.thetrevorproject.org/>

GLBT National Hotline

<http://www.glbthotline.org/hotline.html>

National Center for Transgender Equality

<http://transequality.org/>

Transgender Network of PFLAG

<https://community.pflag.org/transgender>

Trans @ RU

socialjustice.rutgers.edu/trans-ru/

This page is dedicated to providing resources to transgender, gender-nonconforming, and gender questioning students, faculty, and staff at Rutgers University.

Transmissions

Transmissions aims to open up a safe space for trans folk and their allies. Transmissions allows trans people and allies to join together in an informative and discussion-based group, creating a sense of community and a field of resources.

Transmissions meets **weekly** during the school-year, beginning on **Wednesday, September 16th**. Meetings are in the **College Ave Student Center, Room 411A**, from **8 to 9 pm**.

Trans and questioning folk as well as allies are all welcome!

References

http://socialjustice.rutgers.edu/wp-content/uploads/sites/51/2014/12/RU_TransAlly.pdf
http://socialjustice.rutgers.edu/wp-content/uploads/sites/51/2014/12/Queering_Our_Vocabulary.pdf
http://socialjustice.rutgers.edu/wp-content/uploads/sites/51/2014/12/RU_ALLY.pdf
<http://gillfoundation.org/grants/gender-expression-toolkit/gender-expression/>
<http://gender.wikia.com>
<https://www.gsafewi.org/wp-content/uploads/What-the-heck-is-a-PGP1.pdf>
<https://internationalspectrum.umich.edu/life/definitions>

TRANS

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Transmissions

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Terms to Know

Transgender / Trans: An umbrella term that includes people whose gender identity does not correlate to their assigned sex according to culturally normative standards.

Gender / Gender Identity: A person's own understanding of themselves in terms such as man, woman, trans man, trans woman, genderqueer, and others.

Ally: A cisgender person who cares about transgender issues and works to challenge gender related oppression.

Assigned Sex: Infants are usually assigned to a sex category (usually male or female) at birth on the basis of physiology or anatomy.

Cisgender: An identity in which a person's assigned sex aligns with their gender identity.

Gender Expression: The ways in which people manifest masculinity or femininity. This may not correlate with gender identity.

Gender Binary: The social classification of sex and gender into two distinct forms of masculine and feminine.

Non-binary: A gender identity that does not fit within the binary of male and female, but identifies with neither, both or a combination (agender, bigender, pangender, etc). Similar to genderqueer.

Intersex: A variation in sex characteristics, including genitalia and/or hormone production, differing from cultural ideals of male and female.

Queer: A reclaimed slur that is an umbrella term for people who do not conform to heterosexual and/or gender binary norms. Can be used as a political term.

"Passing": Convincingly presenting as one's preferred gender image. A controversial term in trans communities, as it seems to imply that trans people are fooling people or hiding something.

Pronouns: A set of words that a person would like others to use when talking to or about that individual (e.g. she/her, ze/hir, they/them, he/him, etc).

Sexual Orientation: The type of sexual, romantic, and/or physical attraction someone feels toward others (lesbian, pansexual, bisexual, gay, asexual, etc).

Transphobia: The fear, intolerance, or hatred of transgender or gender non-conforming people.

Trans Allyship

1. **Don't assume** someone's gender or sexual orientation.
2. **Respect the confidentiality** of anyone who comes out to you as transgender, non-conforming, or questioning.
3. **Listen** – if a person comes out to you or deals with painful experiences, you can help tremendously just by listening.
4. **Know your limits.** Don't speak on behalf of the trans community as an ally.
5. **Use the correct pronouns.** Ask, "Which pronouns do you prefer?"
6. **Do your best to be respectful** and call the person by the name they request.
7. **Actively educate yourself** on issues faced by trans people.
8. **Examine your ideas of gender** stereotypes and challenge those around you to do the same.
9. Above all, **transgender people are human beings** who deserve respect and understanding.