



Counseling, Alcohol and Other Drug Assistance
 Program & Psychiatric Services (CAPS)
College Support Program (CSP)
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Peer Mentors for College Support Program (CSP) Supporting Students on the Autism Spectrum

There are many challenges that new and returning students face. Often, social and peer-related forms of support can serve as a buffer against the normal stressors students may experience. Therefore, Rutgers Student Health (RSH)-CAPS operates a Peer Mentor program supporting students on the Autism Spectrum who are currently attending Rutgers University.

The CSP areas of focus are to:

- Ease the student’s transition to college life
- Assist students in becoming more independent, confident individuals
- Facilitate the development of a social support system, communication skills and independent living skills
- Decrease isolation/separation in a university environment
- Provide useful and immediate feedback leading to improvements in personal relationships

Peer Mentors will be trained and will engage with CSP students, staff and other Peer Mentors regularly.

A Peer Mentor is expected to:

- Provide support
- Be a good role model - socially and academically
- Be patient and consistent
- Praise students’ effort and good performance
- Assist with academic development (when appropriate)
- Share critical knowledge/personal experiences (when appropriate)
- Assist with contacting campus clubs/programs, facilities, services (when appropriate)
- Meet weekly with students and stay in touch via phone and email
- Maintain weekly logs recording activities and hours spent with mentee(s)
- Maintain regular contact with the Coordinator of the College Support Program
- Attend a weekly training meeting (Fridays, 12:30-2:00 p.m., College Ave. Campus)
- Help plan, attend and lead CSP social events
- *(Optional)* Assist with introductory sessions for new or prospective students and families
- *(Optional)* Assist with presentations about the College Support Program

Please return this completed form via email or hard copy to the address listed in our letterhead, or call if you are interested in or have questions about being trained as a Peer Mentor. Thank you!

Yes! I am interested in being a Peer Mentor for Fall 2017. At that time I will be a:
 (Circle one): Sophomore Junior Senior Anticipated Grad. Year: _____

Name: _____ DOB: _____

Email: _____

Cell Phone#: _____

Major: _____ Minor: _____

Which campus, including hall or street, do you live on?

If you are a commuter, please include your address:

How did you hear re: the CSP Peer Mentor Program? _____