

INFORMED CONSENT/ WAIVER - COMPETITIVE ACTIVITIES

I, _____ (students name), will be participating in an activity
with _____ (name of organization) ON _____ (date or date range).

I recognize and acknowledge the following:

- My participation in this activity is voluntary and is neither required nor is it part of any course or curriculum requirement.
- That I am physically able to participate in the activity and know of no disability that would prevent my participation;
- That while I am on the trip there are risks of bodily injury or property damage caused by or resulting from slips, trips, falls and other forms of physical harm.
- That travel to and from the site via _____ (mode of transportation) entails risks of bodily injury or property damage.
- That in the event that a need for emergency medical services arises, I authorize and consent to such service being provided and assume the cost thereof;
- That participation is voluntary and it is at my own risk;
- That I understand that alcohol is prohibited at Rutgers University events. If I am found in possession of alcohol during any part of this trip, including travel to and from the site, I will be removed from _____ (name or student organization) and will face all judicial ramifications.
- I am aware of the inherent risks of bodily injury or death associated with competitive recreational activities. I realize that those risks include bad decision-making and possibly falling during tug-of-war activities and becoming hurt when hit by pie. I understand that there are unforeseeable unexpected accidents, and I assume all risks associated with such accidents, even though I cannot foresee them. I agree to pay attention to the state of the equipment used and will pay attention to and follow safety directions. I agree to abide by all rules set by Student Involvement.
- I agree to wear protective equipment while participating in these activities.
- I acknowledge that the participation in these activities is dangerous and voluntarily assume the risks of bodily injury and property damage, which may be incurred as a result of participating in the activities. I agree to assume all risks of personal injury, including, but not limited to, paralysis and death, that may occur while I am participating in these activities anywhere at any time.



- I am fully aware and thoroughly informed of the hazards of the Competitive Recreational Activities.; further, I have read and fully understand the following:

A. Participating in competitive recreational activities is a physical activity that can involve heavy exertion. Participants must be in good general health, free from cardiovascular and respiratory disease, and have good exercise tolerance. Even momentary impairment of consciousness while participating may be fatal. Participants should be aware of known food allergies and use this awareness and their own judgment when deciding to participate in food eating contests.

B. There are other related problems that include, but are not limited to reduced visibility if inclement weather such as rain, lightning, wind, snow, sleet or hail and cold temperatures occur.

C. Additional risks associated with Competitive Recreational Activities include hitting rocks and/or other debris; falling off the equipment; equipment failure or blown-out tires.

D. The participant must realize that he/she is ultimately responsible for his/her own safety. It is clearly the participant's responsibility to refuse to participate if, in his/her judgment, conditions are unsafe.

Notwithstanding these risks, I, for myself and assigns do waive, release and discharge Rutgers, The State University of New Jersey, its governors, trustees, officers, employees, agents, the student organization, its officers, agents, trip leaders, activity coordinators, or members from any and all claims, demands, actions, causes of actions, costs and expenses for and by reason of any personal injury, death or property damage, loss and expense, which heretofore have been or hereafter may be sustained or suffered by me in consequence of and as a result of a certain accident, casualty or event or my presence or activities in connection with this participation. I also agree to indemnify and hold harmless Rutgers for injuries sustained either to me and/or caused by me to others during this participation. Furthermore, I acknowledge that the risks outlined above are not intended to be all-inclusive and voluntarily accept all risks known or unknown.

It is further understood and agreed that this waiver, release, indemnity and assumption of risk is to be binding on my heirs and assigns.

Participant's Name (Print)

RUID

Participant's Signature

Date

Emergency Contact's Name

Emergency Contact's Phone Number

I have the following health conditions and/or allergies that trip coordinators should be aware of:

Health Insurance Carrier's Name (non-Rutgers guest only)

Policy Number (non-Rutgers guest only)